

# Headache Medication Instructions

10/4/2006

## Daily

**Amitriptyline** – 100mg x 2  
Anti-depressant

**Namenda** – 10mg twice a day  
To reduce # of daily headaches.

## As Needed

\* **Naproxen** – 375mg )  
Anti-inflammatory – Take with food.  
**\*Rules:**  
1: For mild headaches  
2: Exposure to high temperatures.  
3: When Amerge or Imitrex is taken.

or

\* **Indocin** – 25mg  
Anti-inflammatory – Take with food.  
**\*Rules:**  
1: Before exertion.

\*\* **Amerge** - When headache is coming on

or

\*\* **Imitrex** - When headache is coming on

\*\* **Rules:**

- 1: Take 2 times per week max.
- 2: On any headache day Amerge is used, ok to take 2 doses, but take 4 hours apart.
- 3: If need more than twice per week, must visit Dr. for alternate medication.

## Rescue Medications

**Zyprexa** – 5mg  
Sedating

Last resort if Dr. is not available & Amerge/Imitrex have reached weekly maximum.

## **Metoclopramide**

Anti-nauseau medication

Botox Treatments:

#1 6/5/06      #2 9/7/06      #3 11/30/06